

November 2025



Newsletter

FULLMER LEGACY FOUNDATION



Our Mission

The Fullmer Legacy Foundation empowers underserved youth through mentorship, education, and physical wellness. Rooted in discipline, resilience, and character, we provide free access to structured boxing programs, life-skills training, and community-based support in a safe, inclusive environment at the Fullmer Legacy Center.

Follow our Socials!

Instagram:
[@fullmer_legacyfoundation](#)

Facebook:
[@Fullmer Legacy Foundation](#)
[@Fullmer Boxing Museum](#)

TikTok:
[@fullmerlegacycenter](#)



Rene Mendoza turned Pro!

Our very own Fullmer boxer, Rene Mendoza turned pro! Rene has been coming to this gym for a number of years. His pro debut fight was last month, and it went very well. We anticipate a bright future in his pro career!

Nationals Next Month

Tanner Gurule, another Fullmer boxer, will be fighting in nationals this December in Texas! We are so excited for this opportunity and have loved supporting him!



ZAP Grant Award

The Salt Lake County ZAP (Zoo, Arts, and Parks) program supports community-based arts and cultural organizations that enrich our local communities. Thanks to a ZAP grant, the Fullmer Legacy Foundation was able to create museum brochures in both English and Spanish, making our story and programs more accessible to everyone. This project would not have been possible without the support of the Zoo, Arts, & Parks (ZAP) Program.

Come visit the Fullmer Hall of Fame Museum inside the Fullmer Legacy Center and experience the inspiring history of the Fullmer Brothers, Utah's boxing legends, and the values of strength, character, and legacy they represent.



Kahlert Foundation

We're Honored to Be Featured!

We're excited to share that the Fullmer Legacy Foundation was featured in the Kahlert Foundation's 2025 Annual Report! It's a privilege to be recognized alongside so many incredible organizations making a difference. We're deeply grateful for the Kahlert Foundation's continued partnership and commitment to empowering communities and creating lasting impact.

👉 Read our feature and explore the full report here:

<https://www.thekahlertfoundation.org/2025-annual-report/>



Nets on Fire

Fight Night Fundraiser — November 15 in St. George! 🇺🇸

We're thrilled to announce that Nets on Fire will be hosting a Fight Night in support of the Fullmer Legacy Foundation on Friday, November 15, in St. George, Utah! The evening will feature 8-10 exciting amateur boxing matches, showcasing local talent and the spirit of the sport we love. All proceeds from the event will directly support our mission of empowering youth through boxing — helping young athletes build confidence, discipline, and brighter futures. We can't wait to see you there!



Goldenwest Credit Union Sponsorship

Join us for the Fullmer Legacy Foundation's first Financial Wellness Workshop, presented by Goldenwest Credit Union!

 Thursday, Nov 13 | 7-8 PM

 Fullmer Legacy Center

This free, family-friendly event is open to all FLC community members. Learn practical tools for budgeting, credit, and planning for the future from Goldenwest's financial experts.

Interpreter available upon request.



Brain Injury Workshop

Big thanks to neurologist Dr. Adam Sitzmann for visiting the Fullmer Legacy Center to talk with our athletes about concussions and head injuries in sports. His presentation helped our young boxers understand the importance of recognizing symptoms early and taking care of their brains, both in and out of the ring. We're proud to partner with professionals who care about keeping our athletes safe, strong, and smart.



KSL Interviews

Big thanks to KSL Sports for stopping by the Fullmer Legacy Center! It was such a privilege to hear from Larry, Tanner, and Coach Ted as they shared their passion for boxing, community, and carrying forward the Fullmer family legacy. Moments like these remind us why we do what we do. Every story, every voice, and every punch thrown in this gym reflects the power of resilience, mentorship, and love for the sport. This is just one of many conversations that continue to move and inspire us here at the Fullmer Legacy Center.



Nutrition 101

Over the course of two Friday evenings, our Human Performance Coach, Jack Parker, who has background in sports nutrition, sports psychology, and strength and conditioning, led a nutrition education course to 18 athletes. The workshop gave athletes information on eating to fuel, pre and post workout nutrition, competition day nutrition, supplements, weight management, and hydration.



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A Thanksgiving Thank You

This Thanksgiving season, we want to extend our deepest gratitude to all of our donors and supporters. Everything we do is only possible because of you. By being part of the Fullmer Legacy Foundation, you are part of something bigger than yourself — empowering youth through the sport of boxing and helping shape brighter futures. We are truly thankful for your continued generosity, belief in our mission, and unwavering support. From all of us at the Fullmer Legacy Foundation, thank you for making a lasting impact in the lives of young athletes. Happy Thanksgiving! 🦃🥂



Our boxers at fights in Twin Falls, Idaho

Donate at the QR code or link!



Zeffy.com/en-US/donation-form/be-a-champion-for-youth-wellness-and-the-fullmer-legacy